



# Rejuvenate

## THREE DAY RETREAT



ESCAPE THE EVERYDAY STRESS AND RELAX, REJUVENATE AND RECHARGE WITH A THREE DAY REJUVENATION RETREAT AT THE LUXURIOUS BALGOWNIE ESTATE VINEYARD RESORT & SPA, SITUATED IN THE BEAUTIFUL YARRA VALLEY.

### Three Day Package Includes

- 2 nights luxury spa suite accommodation
- Full buffet breakfast each morning
- 2 course Lunch (Day 2 & Day 3)
- 3 course dinner (Day 1 & Day 2)
- Snacks and juices
- 2 x 60 minute Natskin spa treatments
- 1 x 90 minute Natskin spa treatment
- Complimentary cellar door wine tasting
- Daily Activities including yoga, pilates & meditation
- Indoor heated pool, swim spa, steam room and fitness centre
- Tennis court and other resort facilities

### 2 NIGHTS ACCOMMODATION & ALL MEALS

From \$1195\* per person (twin share)  
or \$1590 per person (single)

\*Extra nights can be booked at \$225 per night (twin share)

*Balgownie Estate*  
VINEYARD RESORT & SPA  
YARRA VALLEY

BALGOWNIE ESTATE VINEYARD RESORT AND SPA  
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